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8,		, 100m		,		2011			
32.				11				<b>1:58.27</b>	62 3
	50m:	53.48	53.48	100m:	1:58.27	1:04.79	..		
33.				11				<b>1:59.01</b>	61 3
34.				11				<b>1:59.56</b>	60 3
2010									
1.				10				<b>1:07.68</b>	332 III
2.				10				<b>1:09.13</b>	312 III
	50m:	33.07	33.07	100m:	1:09.13	36.06	..		
3.				10				<b>1:12.48</b>	271 III
4.				10				<b>1:13.48</b>	260 1
	50m:	34.47	34.47	100m:	1:13.48	39.01	..		
5.				10				<b>1:14.55</b>	249 1
	50m:	35.02	35.02	100m:	1:14.55	39.53	..		
6.				10				<b>1:15.19</b>	242 1
	50m:	35.68	35.68	100m:	1:15.19	39.51	..		
7.				10				<b>1:16.78</b>	228 1
	50m:	36.46	36.46	100m:	1:16.78	40.32	..		
8.				10				<b>1:18.81</b>	210 1
	50m:	37.21	37.21	100m:	1:18.81	41.60	..		
9.				10				<b>1:21.15</b>	193 1
	50m:	37.63	37.63	100m:	1:21.15	43.52	..		
10.				10				<b>1:21.49</b>	190 1
	50m:	38.77	38.77	100m:	1:21.49	42.72	..		
11.				10				<b>1:21.75</b>	188 1
	50m:	40.48	40.48	100m:	1:21.75	41.27	..		
12.				10				<b>1:21.79</b>	188 1
	50m:	39.69	39.69	100m:	1:21.79	42.10	..		
13.				10				<b>1:22.61</b>	183 1
	50m:	39.55	39.55	100m:	1:22.61	43.06	..		
14.				10				<b>1:22.65</b>	182 1
	50m:	38.74	38.74	100m:	1:22.65	43.91	..		
15.				10				<b>1:23.76</b>	175 1
	50m:	39.04	39.04	100m:	1:23.76	44.72	..		
16.				10				<b>1:26.25</b>	160 2
	50m:	42.35	42.35	100m:	1:26.25	43.90	..		
17.				10				<b>1:26.26</b>	160 2
	50m:	40.36	40.36	100m:	1:26.26	45.90	..		
18.				10				<b>1:27.63</b>	153 2
	50m:	42.97	42.97	100m:	1:27.63	44.66	..		
19.				10				<b>1:32.19</b>	131 2
	50m:	43.41	43.41	100m:	1:32.19	48.78	..		
20.				10				<b>1:32.48</b>	130 2
	50m:	44.20	44.20	100m:	1:32.48	48.28	..		
21.				10				<b>1:36.35</b>	115 2
	50m:	45.34	45.34	100m:	1:36.35	51.01	..		

















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		12, , 200m				2012 - 2013						
9.				12	. .			<b>4:40.67</b>	67 3			
	50m:	1:06.29	1:06.29	100m:	2:13.45	1:07.16	150m:	3:36.33	1:22.88	200m:	4:40.67	1:04.34
DSQ				12	. .							2
2011												
1.				11	. .			<b>3:13.12</b>	206 1			
	50m:	47.70	47.70	100m:	3:13.12	2:25.42	150m:	2:30.34		200m:	3:13.12	42.78
2.				11	. .			<b>3:16.70</b>	195 1			
	50m:	47.18	47.18	100m:	1:36.69	49.51	150m:	2:34.75	58.06	200m:	3:16.70	41.95
3.				11	. .			<b>3:18.14</b>	190 1			
	50m:	48.56	48.56	100m:	1:36.34	47.78	150m:	2:35.16	58.82	200m:	3:18.14	42.98
4.				11	. .			<b>3:18.20</b>	190 1			
	50m:	47.84	47.84	100m:	1:38.76	50.92	150m:	2:37.76	59.00	200m:	3:18.20	40.44
5.				11	. .			<b>3:33.48</b>	152 2			
	50m:	48.90	48.90	100m:	3:33.48	2:44.58	150m:	2:44.94		200m:	3:33.48	48.54
6.				11	. .			<b>3:34.06</b>	151 2			
	50m:	50.02	50.02	100m:	3:34.06	2:44.04	150m:	2:50.38		200m:	3:34.06	43.68
7.				11	. .			<b>3:41.59</b>	136 2			
	50m:	53.08	53.08	100m:	1:49.62	56.54	150m:	2:50.63	1:01.01	200m:	3:41.59	50.96
8.				11	. .			<b>3:48.14</b>	125 2			
	100m:	1:54.27	1:54.27	200m:	3:48.14	1:53.87						
9.				11	. .			<b>3:51.24</b>	120 2			
	50m:	58.61	58.61	100m:	2:01.18	1:02.57	150m:	3:07.52	1:06.34	200m:	3:51.24	43.72
10.				11	. .			<b>3:52.82</b>	117 2			
	50m:	55.13	55.13	100m:	1:58.33	1:03.20	150m:	3:01.20	1:02.87	200m:	3:52.82	51.62
11.				11	. .			<b>3:53.78</b>	116 2			
	50m:	57.75	57.75	100m:	1:56.94	59.19	150m:	3:02.83	1:05.89	200m:	3:53.78	50.95
12.				11	. .			<b>3:56.96</b>	111 2			
	50m:	58.15	58.15	100m:	1:58.36	1:00.21	150m:	3:04.79	1:06.43	200m:	3:56.96	52.17
13.				11	. .			<b>3:57.48</b>	110 2			
	50m:	1:00.02	1:00.02	100m:	3:58.29	2:58.27	150m:	3:03.94		200m:	3:57.48	53.54
14.				11	. .			<b>4:03.47</b>	102 2			
	50m:	3:09.64	3:09.64	100m:	2:03.13		200m:	4:03.47	2:00.34			
15.				11	. .			<b>4:10.02</b>	95 3			
	50m:	3:11.07	3:11.07	100m:	4:10.02	58.95	200m:	4:10.02				
16.				11	. .			<b>4:11.67</b>	93 3			
	50m:	1:02.60	1:02.60	100m:	2:04.12	1:01.52	150m:	3:13.58	1:09.46	200m:	4:11.67	58.09
17.				11	. .			<b>4:14.88</b>	89 3			
	50m:	1:03.14	1:03.14	100m:	4:14.88	3:11.74	150m:	3:13.62		200m:	4:14.88	1:01.26





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12,		, 200m		,		2010				
24.				10				<b>3:32.20</b>	155 1	
	50m:	51.28	51.28	100m:	3:32.20	2:40.92	150m:	2:44.72	200m:	3:32.20 47.48
25.				10				<b>3:44.08</b>	132 2	
	50m:	55.08	55.08	100m:	3:44.08	2:49.00	150m:	2:57.63	200m:	3:44.08 46.45
26.				10				<b>3:50.23</b>	121 2	
	50m:	52.43	52.43	100m:	1:50.13	57.70	150m:	2:58.32 1:08.19	200m:	3:50.23 51.91
27.				10				<b>3:51.86</b>	119 2	
	50m:	3:00.89	3:00.89	100m:	3:51.86	50.97	200m:	3:51.86		
28.				10				<b>3:53.87</b>	116 2	
	50m:	58.92	58.92	100m:	3:53.87	2:54.95	150m:	3:04.56	200m:	3:53.87 49.31
29.				10				<b>4:00.61</b>	106 2	
	50m:	1:00.47	1:00.47	100m:	4:00.61	3:00.14	150m:	3:10.90	200m:	4:00.61 49.71
30.				10				<b>4:15.83</b>	88 3	
	50m:	3:19.92	3:19.92	100m:	2:18.14		200m:	4:15.83 1:57.69		
2009										
1.				09				<b>2:34.88</b>	399 II	
	50m:	33.31	33.31	100m:	1:16.48	43.17	150m:	1:59.71 43.23	200m:	2:34.88 35.17
2.				09				<b>2:36.06</b>	390 II	
	50m:	33.41	33.41	100m:	2:36.06	2:02.65	150m:	2:00.45	200m:	2:36.06 35.61
3.				09				<b>2:41.28</b>	354 II	
	50m:	35.39	35.39	100m:	1:16.94	41.55	150m:	2:06.60 49.66	200m:	2:41.28 34.68
4.				09				<b>2:41.81</b>	350 II	
	50m:	36.47	36.47	100m:	1:19.06	42.59	150m:	2:06.94 47.88	200m:	2:41.81 34.87
5.				09				<b>2:51.30</b>	295 III	
	100m:	1:22.71	1:22.71	200m:	2:51.30	1:28.59				
6.				09				<b>2:51.45</b>	294 III	
	50m:	2:15.84	2:15.84	100m:	2:51.45	35.61	200m:	2:51.45		
7.				09				<b>2:53.94</b>	282 III	
	50m:	38.08	38.08	100m:	2:53.94	2:15.86	150m:	2:15.87	200m:	2:53.94 38.07
8.				09				<b>3:02.21</b>	245 III	
	50m:	2:23.05	2:23.05	100m:	1:26.85		200m:	3:02.21 1:35.36		
9.				09				<b>3:02.31</b>	245 III	
	50m:	41.96	41.96	100m:	1:25.80	43.84	150m:	2:23.01 57.21	200m:	3:02.31 39.30
10.				09				<b>3:02.94</b>	242 III	
	50m:	41.54	41.54	100m:	1:27.83	46.29	150m:	2:22.72 54.89	200m:	3:02.94 40.22
11.				09				<b>3:04.92</b>	234 III	
	50m:	41.15	41.15	100m:	3:04.92	2:23.77	150m:	2:22.24	200m:	3:04.92 42.68
12.				09				<b>3:07.51</b>	225 III	
	50m:	41.26	41.26	100m:	1:30.49	49.23	150m:	2:26.39 55.90	200m:	3:07.51 41.12
13.				09				<b>3:12.09</b>	209 1	
	50m:	42.47	42.47	100m:	1:31.94	49.47	150m:	2:31.14 59.20	200m:	3:12.09 40.95
14.				09				<b>3:12.10</b>	209 1	
	50m:	2:30.73	2:30.73	100m:	1:34.50		200m:	3:12.10 1:37.60		
15.				09				<b>3:16.04</b>	197 1	
	50m:	47.38	47.38	100m:	1:37.44	50.06	150m:	2:32.16 54.72	200m:	3:16.04 43.88

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16,		, 200m		,		2009			
19.				09				<b>3:02.66</b>	174 1
	50m:	40.29	40.29	100m:	1:29.38	49.09	150m:	2:20.13	50.75
							200m:	3:02.66	42.53
20.				09				<b>3:03.73</b>	171 1
	50m:	39.84	39.84	100m:	1:27.03	47.19	150m:	2:16.27	49.24
							200m:	3:03.73	47.46
21.				09				<b>3:13.11</b>	147 2
	50m:	40.53	40.53	100m:	1:29.29	48.76	150m:	2:22.61	53.32
							200m:	3:13.11	50.50
DSQ				09					1

17 , 400m 2009 - 2013  
12.05.2021 - 14:45

I	9 +: 5:02.00 /	I	9 +: 7:38.00 /	10 +: 4:44.00 /	
II	9 +: 5:43.00 /	II	9 +: 8:49.00 /	III	9 +: 10:00.00 /
III	9 +: 6:27.00				

: FINA 2010

2010

1.				10				<b>5:18.65</b>	422 II
	300m:	1:15.37	1:15.37	400m:	5:18.65	4:03.28			
2.				10				<b>5:25.67</b>	395 II
	100m:	5:25.80	5:25.80	250m:	1:58.08	1:21.99	400m:	5:25.67	2:03.76
	150m:	36.09		350m:	3:21.91	1:23.83			
3.				10				<b>5:35.11</b>	363 II
	50m:	36.68	36.68	150m:	1:59.72	41.96	250m:	3:25.95	43.36
	100m:	1:17.76	41.08	200m:	2:42.59	42.87	300m:	4:09.87	43.92
							350m:	4:52.39	42.52
							400m:	5:35.11	42.72
4.				10				<b>5:48.68</b>	322 III
	50m:	37.39	37.39	150m:	2:04.85	44.83	250m:	3:35.29	45.05
	100m:	1:20.02	42.63	200m:	2:50.24	45.39	300m:	4:20.59	45.30
							350m:	5:06.32	45.73
							400m:	5:48.68	42.36
5.				10				<b>6:06.14</b>	278 III
	50m:	38.78	38.78	150m:	2:12.62	47.09	250m:	3:45.83	46.70
	100m:	1:25.53	46.75	200m:	2:59.13	46.51	300m:	4:33.81	47.98
							350m:	5:21.26	47.45
							400m:	6:06.14	44.88
6.				10				<b>6:08.87</b>	272 III
	50m:	41.45	41.45	150m:	2:15.12	47.36	250m:	3:49.88	48.38
	100m:	1:27.76	46.31	200m:	3:01.50	46.38	300m:	4:37.86	47.98
							350m:	5:25.42	47.56
							400m:	6:08.87	43.45
7.				10				<b>6:10.88</b>	268 III
	50m:	38.85	38.85	150m:	2:12.83	47.48	250m:	3:50.19	49.14
	100m:	1:25.35	46.50	200m:	3:01.05	48.22	300m:	4:38.83	48.64
							350m:	5:26.27	47.44
							400m:	6:10.88	44.61
8.				10				<b>6:12.85</b>	263 III
	50m:	38.88	38.88	150m:	3:49.44	2:23.83	300m:	4:37.48	1:36.95
	100m:	1:25.61	46.73	200m:	3:00.53		400m:	6:12.85	1:35.37
9.				10				<b>6:33.18</b>	225 1
	50m:	40.44	40.44	150m:	2:17.73	50.23	250m:	4:00.93	51.34
	100m:	1:27.50	47.06	200m:	3:09.59	51.86	300m:	4:52.88	51.95
							350m:	5:45.41	52.53
							400m:	6:33.18	47.77
10.				10				<b>6:39.58</b>	214 1
	50m:	44.38	44.38	150m:	2:23.64	50.32	250m:	4:05.97	51.33
	100m:	1:33.32	48.94	200m:	3:14.64	51.00	300m:	4:58.79	52.82
							350m:	5:50.39	51.60
							400m:	6:39.58	49.19
11.				10				<b>6:49.70</b>	198 1
	50m:	45.67	45.67	150m:	2:29.88	52.98	250m:	4:15.27	52.71
	100m:	1:36.90	51.23	200m:	3:22.56	52.68	300m:	5:07.85	52.58
							350m:	6:00.37	52.52
							400m:	6:49.70	49.33

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18,		, 400m		,		2007			
10.				07				<b>5:10.60</b>	355 III
	50m:	1:47.65	1:47.65	200m:	2:27.27	1:18.72	400m:	5:10.60	1:21.78
	100m:	1:08.55		300m:	3:48.82	1:21.55			
11.				07				<b>5:12.21</b>	350 III
	50m:	31.95	31.95	150m:	1:46.28	38.53	250m:	3:08.46	41.54
	100m:	1:07.75	35.80	200m:	2:26.92	40.64	300m:	3:50.44	41.98
							400m:	5:12.21	39.76
12.				07				<b>5:18.49</b>	329 III
	100m:	1:13.04	1:13.04	200m:	2:33.93	1:20.89	300m:	3:57.66	1:23.73
							400m:	5:18.49	1:20.83
13.				07				<b>5:19.01</b>	328 III
	50m:	33.39	33.39	150m:	1:50.98		350m:	4:39.08	1:24.82
	100m:	5:19.01	4:45.62	250m:	3:14.26	1:23.28	400m:	5:19.01	39.93
14.				07				<b>5:20.33</b>	324 III
	50m:	34.63	34.63	150m:	1:53.19		350m:	4:41.15	1:25.60
	100m:	5:20.33	4:45.70	250m:	3:15.55	1:22.36	400m:	5:20.33	39.18
15.				07				<b>5:33.63</b>	287 III
	100m:	1:15.78	1:15.78	200m:	2:41.29	1:25.51	300m:	4:08.80	1:27.51
							400m:	5:33.63	1:24.83